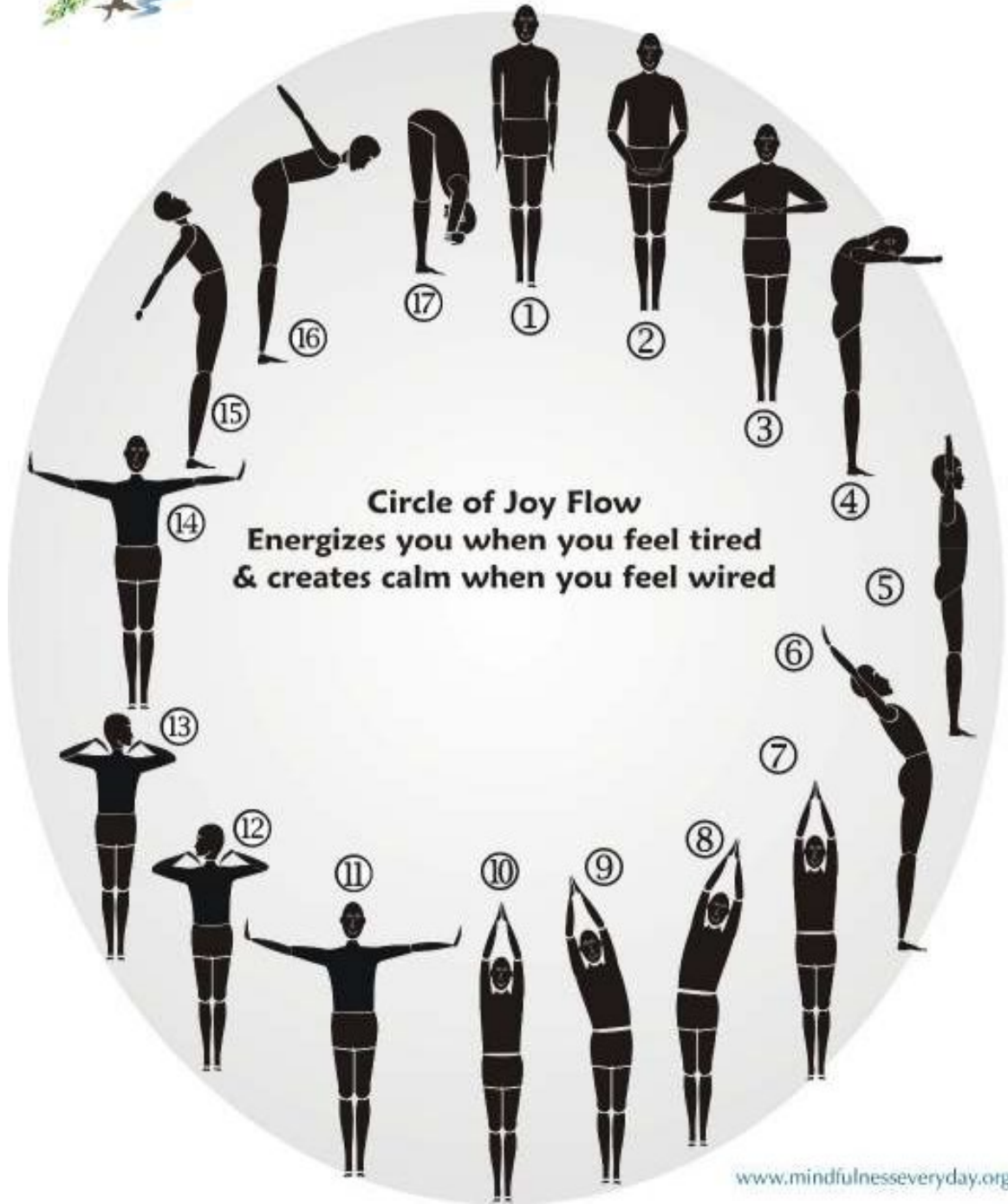


# The Circle of Joy



MINDFULNESS EVERYDAY®

RESOURCES FOR CONSCIOUS LIVING



Link to Youtube video: <https://www.youtube.com/watch?v=IO4hozEGgbw&t=77s>